Development

PSYC 241: Intro to Human Development

PSYC 341: Infancy

PSYC 343: Child Development

PSYC 345: Adulthood & Aging

 WVU is often recognized as the birthplace of life span development.

Principles of _

| Nature and Nurture | Extent to which development is influenced by biology and by environment |
|--------------------------|--|
| Stability and Change | Degree to which early traits and characteristics persist through life or change |
| Continuity-Discontinuity | Extent development involves gradual, cumulative change (continuity) or distinct stages (discontinuity) |

| Prenatal Period | Conception – Birth |
|-----------------------|--------------------|
| Infancy & Toddlerhood | Birth – 3 years |
| Early Childhood | 3 - 6 years |
| Middle Childhood: | 6 - 11 years |
| Adolescence | 11 - 20 years |
| Young Adulthood | 20 – 40 years |
| Middle Adulthood | 40 – 65 years |
| Late Adulthood: | 65 years and Over |

6 Principles of

- 1. Development is lifelong
- 2. Development involves both gain & loss
- 3. Importance and frequency of biological
 & cultural influences shift

- 4. Development involves changing allocation of ______.
- 5. Development shows plasticity
- 6. Influence of History and

Prenatal development

• 9 months .



fertilization



6 weeks



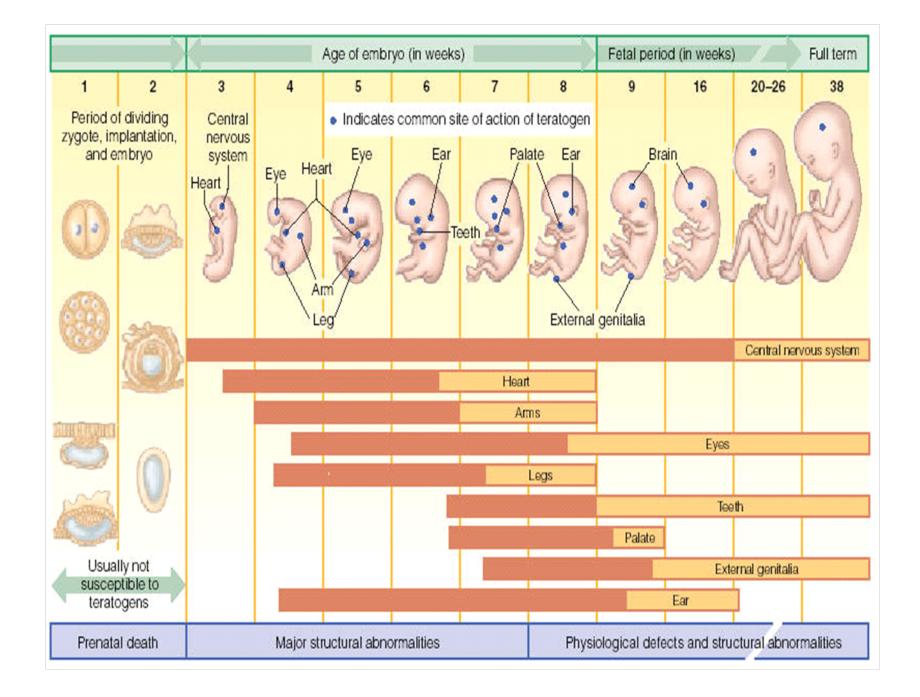
3 months

Prenatal development

 cell formed at conception forms a few hundred cells in several layers 2 – 8 weeks gestation organs develop, heart, brain, arms, sex organs, etc. etc. remaining 7 months. Starts when bone cells appear - Month 2: 1½", 1oz Month 3: major _____complete – bones start Month 4: 6", 6oz – fetal start – Month 6: 'long — Month 7: may survive Month 9: 20" 7lbs.

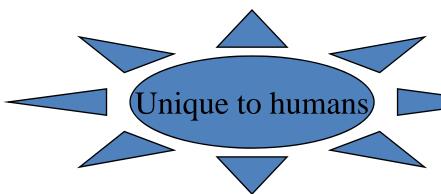
Common _____

- Poor diet
- Alcohol -Fetal alcohol syndrome
- ______
- Heroin, cocaine
- measles (rubella)
- AIDS
- and other STIs
- Even tetracycline common _____ can produce tooth discoloration



Brain .

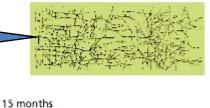
 As we grow older our brains get bigger



Brains also get '______' more interconnections







3 months



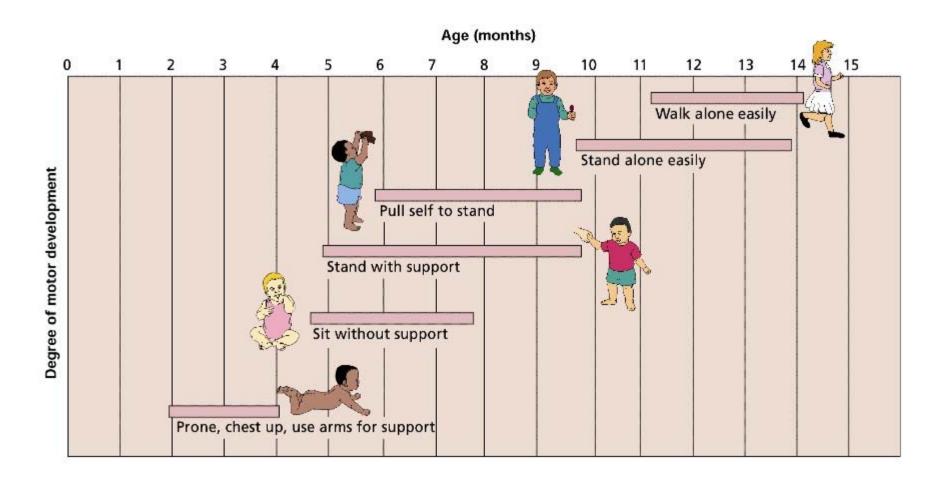


Development

reflexes

- _____reflexes
- Permanent, e.g.,
 - Breathing
 - Eye-blink
- Lost later, e.g.,
 - lost by six months
 - Grasping lost by four months

in Motor Development



Tabula Rasa?

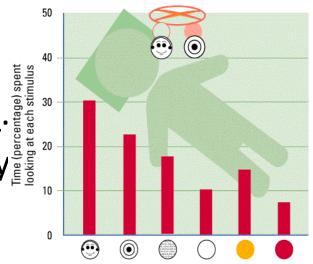
- Tabula rasa is the view that neonates have no experiences, and thus,
- How can researchers test a newborn's ability?
 - ______/ gaze time
 - ______responses (e.g., heart rate, respiration)



Visual ______in Newborns

- Infants spend more time looking at patterns than ______.
- Infants spend the most time looking at a drawing of a human

• Is this just _____for complexity for complexity or an adaptation?



- Infants were shown a blank shape, a face, or scrambled facial features.
 - The face and scrambled face have same complexity.
- Infants looked LONGER at the ______face.

Hearing & Memory before

- Women read one of 3 stories to their fetuses daily in last 6 weeks of pregnancy
 - Cat in the Hat; Dog on a Log (same rhythm as Cat, but different phonemes); Song of Hiawatha
- 3 days after birth, babies given 3 ______ that when sucked, would play a tape of own mother reading each of the 3 stories (Note: baby only heard ONE in utero).
- Babies sucked LONGER & HARDER on the nipple associated with the story they heard before birth

| – they | _ | & | |
|--------|-----------|---|--|
| | | | |

Strange Situation

| Attachment | Child's Behavior |
|------------------------|--|
| Secure | Plays freely when mother is near Happy when mother returns |
| Insecure- Resistant | Hovers around mother Angry when mother returns |
| Disorganized | Inconsistent & erratic Seems overwhelmed by stress |

Strange Situation

http://www.davidsonfilms.com/

Major Theoretical Perspectives on Human Development

(we'll focus most on **)

- Psychodynamic
- _____, Erikson**
- Learning
- Watson, Skinner, Bandura
- Cognitive
- _____**, Kohlberg

- Systems
- Bronfenbrenner, Lawton& Nahemow
- Lifespan
- Baltes**

Why so many models & theories?

- and new research
- Disciplinary perspectives
- We're doing an overview...you should read about these theories more carefully

• BUT NOT ALL ____OR MODELS ARE EQUALLY GOOD

a theory

- **#**Parsimony
- **XValid**
- #Replicable
- #Few untested assumptions
- #Heuristic value

Freud's _____Development

| Stage | Age | Unconscious Conflict |
|---------|-------------------------|------------------------|
| Oral | Birth to ~15 mos | Sucking & Feeding |
| Anal | 12-18 mos to 3 years | Potty Training |
| Phallic | 3 to 6 years | Attachment to Parents |
| Latency | 6 years to Puberty | Socialization |
| Genital | Puberty to Adult | Mature Adult Sexuality |

(1896-1980): Social Cognitive Development

- Organismic Stage theory
- 0 2 years ______
- 2 7 years pre-operational
- 7 11 years _____operational
- 11 15 years _____operational
- http://www.davidsonfilms.com/

Piaget: Cognitive Structures Develop through 3 ______.

#Adaptation

Attempts to adapt to the world

#Assimilation

Interpretation of events in terms of existing cognitive structures

#Accomodation

Changing cognitive structures to make sense of the environment

Evaluating Piaget's Theory

- Criticisms
 - Piaget _____children's abilities
 - Problems with theories
 - Universality
- Vygotskey's _____theory

____development – Piaget's theory

- <u>realism</u> 5 10 years.
 Egocentrism & adherence to rules
- of cooperation- after 10 years.
 Children learn that rules are social conventions

_____development Kohlberg's theory

Level

 Morality judged in terms of reward and punishment

 Level

 Morality judged in terms of social order and approval

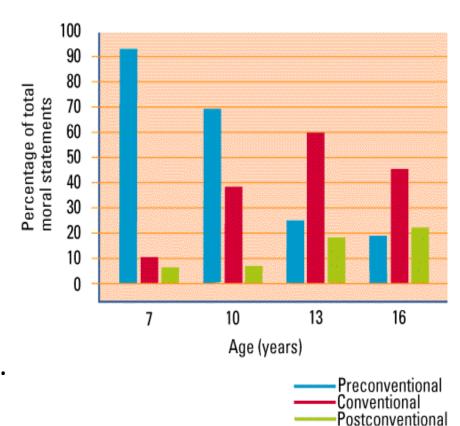
 Level

 Morality judged in terms of abstract principles, like equality and
 .

Kohlberg's Levels of

_Reasoning

- Most _____ year olds are reasoning at the preconventional level.
- Most _____ year olds are reasoning at the conventional level.
- Few participants show reasoning indicative of the level.



Criticisms of Kohlberg's Theory

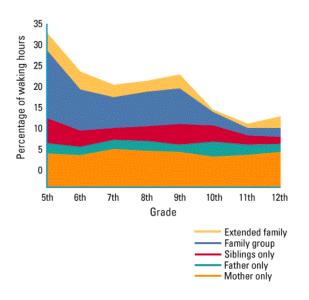
- Bias
 - Some cultural differences are not reflected in this theory.
- Bias
 - Empirical support for this claim is _______
- Connection between moral reasoning and moral is often indirect.

Adolescence - ______.

- ______
 - The period of life from puberty to adulthood,
 corresponding roughly to the ages of ______.
- ______
 - The onset of adolescence, as evidenced by rapid growth, rising levels of sex hormones, and sexual maturity
 - Cognitive development: Piaget's Formal Operations
 - http://www.davidsonfilms.com/

Adolescent

- The proportion of time spent with the family decreases almost _____% per year
- This decline was not found for time spent alone with parents
- ____Crisis
 - An adolescent's struggle to establish a personal identity, or _____.



Adolescence and Personal Development

- Peer Influences Deepen, corresponding to Piaget's stage of in which people are less ego-centric
 - Adolescent relationships are _______.
 - Adolescents begin to discover friendships with other-sex ______.
 - Conformity rises steadily with age, peaks in ninth grade, and then _______.

Adolescence

Adolescence and Health

- The stereotypic images of adolescents are:
 - Mood swings, identity crises, anxiety, _______,
 depression, drug use, and suicide
- Three perceived sources of difficulty in adolescence are:
- Conflict with parents and risk-taking do occur, but the idea that adolescents are in a state of distress is

Adulthood and Old Age Aging and ______Functions

- What do you know about aging?
- - Cognitive abilities ______inevitably decline.
 - Some elderly may show declines on ______ recall tasks, however declines on tests of recognition ______ are less likely.
 - Memory declines may be due to impairments in sensory acuity and a ______ of neuronal processing.

We're ALL aging!

- Mid-life, roughly ages _______, is a time of growth and maintenance. It is not a time of ______, but of transitions that are less stressful than those of _____ adulthood.
- Late life, roughly ages 65+ years, is varied, based on nature, _____ and their interactions.

6 _____of Development

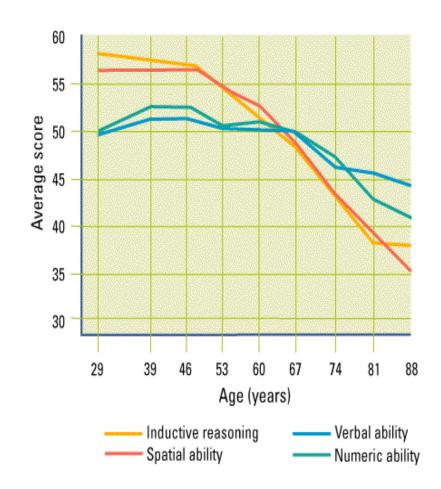
- 1. _____is lifelong
- 2. Development involves both gain & loss
- 3. Importance and frequency of biological influences shift over time

- 4. Development involves changing allocation of resources
- 5. Development shows _____.
- 6. Influence of History and Culture

http://www.davidsonfilms.com/

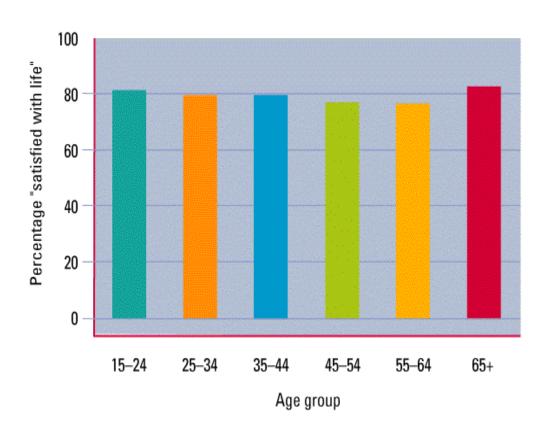
Age Trends in Measures of

- intelligence, which includes inductive reasoning and spatial ability, declines steadily throughout middle and
- Crystallized intelligence, which includes verbal and numerical ability, remains stable into the _____.



Adulthood and Old Age Social and Personal Development Life .

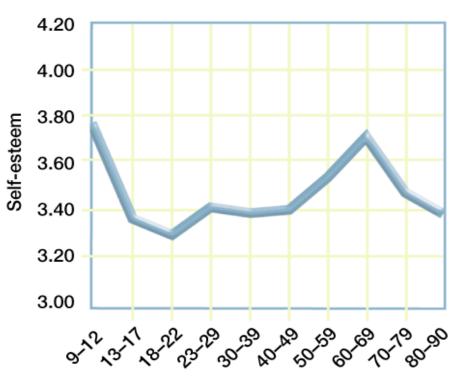
- In multiple cultures,
 % say they are
 satisfied with life.
- Ratings of life satisfaction ____vary with age.



Adulthood and Old Age Social and Personal

- _____is highest in childhood.
- It _____sharply during adolescence.
- It increases _____during adulthood, peaks in the sixties, and declines in old age (but is still higher in late life than in).

Self-Esteem



Age in (years)