Composure, Extroversion, Sociability Assessment

Instructions: On the scales below, indicate your feelings about your Tom Brokaw. Numbers 1 and 7 indicate a very strong feeling. Numbers 2 and 6 indicate a strong feeling. Numbers 3 and 5 indicate a fairly weak feeling. Number 4 indicates you are undecided.

Composure

1) Nervous 1 2 3 4 5 6 7 Poised
2) Tense 1 2 3 4 5 6 7 Relaxed
3) Calm 1 2 3 4 5 6 7 Anxious
4) Excitable 1 2 3 4 5 6 7 Composed

Extroversion

5) Bold 1 2 3 4 5 6 7 Timid
6) Quiet 1 2 3 4 5 6 7 Verbal
7) Silent 1 2 3 4 5 6 7 Talkative
8) Aggressive 1 2 3 4 5 6 7 Meek

Sociability

9) Awful 1 2 3 4 5 6 7 Nice
10) Unpleasant 1 2 3 4 5 6 7 Pleasant
11) Irritable 1 2 3 4 5 6 7 Good Natured
12) Cheerful 1 2 3 4 5 6 7 Gloomy

SCORING: To compute your scores, add your scores for each item as indicated below:

Recode BOLDED questions with the following format:
1 = 7
2 = 6
3 = 5
4 = 4
5 = 3
6 = 2
7 = 1
To compute your scores for the three perceptions, simply add the recoded numbers for each measure separately.

Composure = _____

Extroversion = _____

Sociability = _____

To measure your perception of a different person, simply replace Tom Brokaw with the other person’s name.

Scores for each measure must be between 4 and 28.

The higher the score, the more composed, extroverted, and sociable you view Tom Brokaw.

Source: